



HIGHLANDS OPEN

Bulletin n. 1

The Italian Orienteering Middle Distance Championships WRE - World Ranking Event



May 14-15, 2011

HIGHLANDS OPEN 2K11
 Altopiano di Asiago 7 Comuni, Veneto, Italy

WRE Event

WOC 2014 Area

ORIENTAMENTO VICENZA

Italian Middle Distance Orienteering Championships
 14 - 15 May, 2K11

www.highlandsopen.com
info@highlandsopen.com

IOF
 INTERNATIONAL ORIENTEERING FEDERATION

FISO
 FEDERAZIONE ITALIANA SPORT ORIENTEERING

Italia
 Disciplina Sportiva Associata al Coni

Training Camp
 9-13 May, 2K11

CONSORZIO TURISTICO ASIAGO 7 COMUNI

Veneto
 tra la terra e il cielo

REGIONE DEL VENETO

Comune di Asiago
 Comune di Gallio
 Comune di Rosà



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Italia
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ASIAGO 7 COMUNI
CONSORZIO TURISTICO
Veneto
Tra la terra e il cielo

Invitation and greetings

We are pleased to invite you to the Highlands Open 2011 to be held in Italy from 14 to 15 May, 2011. The first edition of Highlands Open was organized in 2001 and our ambitious goal is to organize every year a multi-day international orienteering event on the Altopiano of Asiago 7 Comuni. Siben, the cimbric dwarf designed by Giuliano Dall' Oglio, was chosen as the logo and testimonial of the event. The first edition was held in May 2001 in the areas of Turcio and Barenthal. In 2004 Highlands Open registered a record of participation of over 1200 entries also thanks to the WMOC 2004 Championships which were held in the same area.

The Altopiano di Asiago 7 Comuni.



The Altopiano of Asiago 7 Comuni is a happy place which, with its thousand-year tradition of the "Cimbri" people, promises entertainment, rest, cultural enrichment, and the possibility to rediscover the joy of living.



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On the border of the Po Valley, it is easily accessible by highway and an efficient regional road network. It is also easily accessible from the North and is a beautiful place to stay if you want to visit the whole of the "Veneto" region. Here you can find all that Italy offers: hills, mountains, seaside and lakes together with art, culture and history.

The "Altopiano of Asiago 7 Comuni" has an average of 9 hours of sunshine : this makes the people of the "Altopiano" more active and more serene. The serenity is also felt by the huge number of guests who come back year after year and who often choose this land as their "second home". Each season offers you both tranquillity and vivacity.

The land of the "Cimbri" is certainly one of the most beautiful Mountain resorts in Europe.

The rupestrian inscriptions in the "Assa Valley" of Canove di Roana and the remains of the Paleovenetian village Bostel in Rotzo tell us about the ancient human presence in these mountains. Physical characteristics, rites, uses, and the ancient language of these people together with their mythology show Nordic if not Bavarian origins.

The "Cimbri" people colonized this land many centuries ago.

From 1310 to 1807 the "Altopiano" formed an independent state known as the "Honourable Regency of the 7 Communes", one of the first confederations that ever existed. It was allied with the "Most Serene Republic of Venice" with whom they traded.

The First World War marked this land indelibly, its scars are still visible on the ground.

Nowadays the "Altopiano of Asiago 7 Comuni" is one of the most renowned touristic resorts in Europe and can accommodate tens of Thousands of people every year.

With the increasing annual tourism we are constantly working towards greater tourist satisfaction.

Cimbrian is a word that has been used a little bit improperly in the last few centuries to indicate a language spoken in seven 'Comuni' of Vicenza and in thirteen 'Comuni' of Verona. It is a language which connects itself to Old Bavarian and Old German, a language which has miraculously survived in the Venetian Hills, protected by the territorial isolation and an age-old economy of subsistence. Unfortunately this dialect is slowly dying out. Nowadays, especially in Rotzo, Mezzaselva and Roana we only find a few people who still use it currently. There are a few words very similar to German who are still regularly used : rach (moss), rasetle (wren), loch (hole), tanna (White-Deal), tal (valley), grabo (pit). Of Cimbrian origin are also the numerous placenames (Barenthal, Tanzerloch, Odegar), and nicknames which accompany the traditional names of the families of the Altopiano.



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Of the Cimbrian Culture not only the language remains, but also a rich heritage of traditions connected to the everyday life of the people and their imagination : songs and fables which describe a legendary world.

The very few written texts which exist, proof of the use of the Cimbrian language, are preserved in the Museo della Cultura Cimbra in Roana and was promoted by the 'Istituto di Cultura Cimbra'.

NOT ONLY CHEESE

Asiago is known worldwide for the excellent quality of its cheese and, as a matter of fact, it also ended up at the table of Bill and Hillary Clinton. The 'Malgas' scattered along the Altopiano, the small dairies and the 'Consorzio' (cooperative) among the dairies of the Altopiano produce many different types of cheese : the 'Asiago pressato o fresco' (pressed or fresh cheese), the 'Dolcezza di Asiago' a (soft cheese), the 'Pennarone' just to name a few of the most important ones. Honey of a very delicate flavour is also produced on the Altopiano. This is because the honey is extracted from flowers and plants typical of these mountains. Very delicious is the potato from Rotzo, known all over Europe, it is traditionally grown on the western part of this land. Of very good quality is also the celery grown in Rubbio, a hamlet of Conco. Some of the farms produce local cold meats, salami and sausages : speck (a kind of smoked ham), crudo (ham), sopressa (a type of salami), pancetta (bacon) and others. The distillates that are obtained with the herbs of the Sette Comuni are : Krumetto, Amaro Asiago, Amaro Cimbri, Kranebet and various types of grappas. From a secret recipe of a confectioner's shop of Asiago we have the 'Torta Ortigara' (a typical cake). Remember that apart from food products the Altopiano also exports the famous red and white marble of Asiago.

Asiago

Asiago is the name of both a small town (population roughly 6,500, (45,°52.55'N, 11,°30.5'E) and the surrounding plateau region (the Altopiano di Asiago) in the Province of Vicenza in the Veneto region of Northeastern Italy. It is near the border between the Veneto and Trentino-Alto Adige/Südtirol regions in the foothills of the Alps, and about equidistant (100 km) from the major cities of Trento to the west and Vicenza to the south.

World-War 1 1915-1918 Monument in Asiago.

Although probably best known internationally as the origin of Asiago cheese, Asiago was also the site of a major battle between Austrian and Italian forces on the Alpine Front of World War I. It is a major ski resort destination as well as the site of the Astrophysical Observatory of Asiago, operated by the University of Padua. Until the middle of the nineteenth century the people of Asiago spoke Cimbrian, an ancient German dialect.



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Asiago is the birthplace of author Mario Rigoni Stern, and features prominently in his stories. It is also described in Emilio Lussu's A Year on the Altopiano.

Asiago Localities: Contrade: Ave, Klama, Longhini, Pènnar, Stocke, Laiten, Orkentaal, Ebene, Untargeicke, Prudegar, Balde, Buscar, Tulle, Bortune, Làmara, Schacher, Oba, Taal, Bischofarn, Oe-lar, Rutzar, Mosele, Morar, Schbanz, Kaberlaba; contrade frazione Sasso: Lobba, Chiesa, Mori, Grulli, Sprunch, Gianesoni, Colli, Cotti, Ecchelen, Ruggi, Caporai

Gallio

Situated to the north-east of Asiago, Gallio is a town on the Altopiano of Asiago 7 Comuni that has known a touristic boom like no other town on the plateau making itself a well-known touristic venue all the year round. Situated at the feet of the imposing mountains of the Melette, Gallio originally was well-known for its timber business and for its trading market due to the obligated passage of the Val Frenzela, for centuries the only via of traffic and communication with the Veneto plains. Gallio is also very famous for winter sports: Ski-Jumping, cross-country skiing, downhill skiing, etc. The imposing Ski Jumping Centre at Pakastall erges nearly to a symbol of the great personality of this town. In Gallio, the possibilities of practising sport are infinite. Gallio has one of the best cross-country ski tracks in Europe: the Gallio Cross-Country ski centre Campomulo was one of the first centres in Italy and has rings of various lengths and difficulty. More than 150 km. of tracks that make of Campomulo one of the best paradises for cross-country skiing.

Roana

Roana is a municipality composed by six Fractions: Campoverve, Canove, Cesuna, Mezzaselva, Roana and Tresché Conca. The Municipality of Roana has a population of 3,700 inhabitants, but the territory on which these fractions extend is immense: 7,838 hectares in great part forests of conifers. The average altitude of the center is just above 1,000 meters and that represents the ideal for a holiday.

The rupestrian inscriptions in the "Assa Valley" of Canove di Roana and the remains of the Paleovenetian village Bostel in Rotzo tell us about the ancient human presence in these mountains. Physical characteristics, rites, uses, and the ancient language of these people together with their mythology show Nordic if not Bavarian origins. The "Cimbri" people colonized this land many centuries ago. From 1310 to 1807 the "Altopiano" formed an independent state known as the "Honourable Regency of the 7 Communes", one of the first confederations that ever existed. It was allied with the "Most Serene Republic of Venice" with whom they traded. The First World War marked this land indelibly, its scars are still visible on the ground.



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Organizers

The event will be organised by **ASD Erebus Orientamento Vicenza**, an orienteering club based in Vicenza, which is one of the biggest, most active and successful clubs in Italy.

Organizing Committee

Chairman: Renzo Donatello

Vice Chairman: Angelo Frighetto

IOF Event Adviser: Cesare Tarabocchia

Administrator: Alice Dal Bello

National Controller: Cesare Tarabocchia

Logistics: Dario Stefani

Competition Office: Alice Dal Bello

Marketing: Angelo Frighetto

Communication: Angelo Frighetto

Operating staff: Cosimo Guasina

Cartography: Cristian Bellotto

Data processing: Federico Bruni

Finish: Nicola Bisognin, Gianguido Sartori

Start: Massimo Sartori, Mirco Dal Bello

Refreshments: Gianni Bisognin, Enrico Faburlani

Prize giving: Luigino Bortolaso, Sergio Pigato



Organizing committee

c/o A.S.D. Erebus Orientamento Vicenza

C.F. e P.I. 02109300240

Via A. Rossi 133, 36100 Vicenza

tel. + 39 0444 567877 – fax + 39 0444 868423

e-mail: info@highlandsopen.com



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Program:

Friday, May 13, 2011:

13:00 Opening of Event Centre

15:00-18:00 Training possibilities. Model Event

Saturday, May 14, 2011:

11:00 First start Qualification Race Italian MIDDLE DISTANCE

Championships

-VAL DI NOS - GALLIO

21:00 Opening ceremony in Asiago

Sunday, May 15, 2011:

10:00 First start Final Race Italian MIDDLE DISTANCE

Championships

-VAL DI NOS - GALLIO **World Ranking Event**

13:30 Prize giving and closing ceremony at Competition Centre

Classes

Italian Championships:		Winning times		
YOUNG:	M-16	W-16	30-35 min	25-30 min
JUNIOR:	M-20	W-20	30-35 min	30-35 min
SENIOR:	M 21-34*	W 21-34*	35-40 min	30-35 min
MASTER 35:	M 35 +	W 35 +	35-40 min	35-40 min
MASTER 45:	M 45 +	W 45 +	35-40 min	35-40 min
MASTER 55:	M 55 +	W 55 +	35-40 min	35-40 min
MASTER 65:	M 65 +	W 65 +	35-40 min	35-40 min

Not valid for the Italian Championships:

M-12

W-12

M 21B

W 21B

ESORDIENTI- OPEN

The W21 and M21 classes shall be restricted to competitors classified as elite competitors by their Federation or who are selected for the class based on their position in a Federation's ranking scheme.



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Entries:

Deadline: Sunday May 8, 2011.

(Late entries will be accepted at the discretion of the Organizing Committee with an increase of 50% on the entry fee)

Entries should be sent by:

- email to iscrizioni@highlandsopen.com

All Entries should include:

- club name
- name and surname
- year of birth
- class
- si-card number (if not indicated, the organization will assign a si-card for hire)
- nationality
- (IOF Ranking ID for Elite runners)

We kindly ask to specify your e-mail address on your entry form.

Entry Fees

M-W12 – M-W/Young Beginners - Open	€ 4,00 per day		
All other categories	€ 8,00 per day		
SI – Card Hire	€ 1,50 per day		

iscrizioni@highlandsopen.com

Information e-mail: **info@highlandsopen.com**

Confirmation of your entry will be sent by e-mail.



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Our Bank Details are:

CAUSE: >>> name of the team <<< AND >>> entry fee cause<<<

TO: ASD EREBUS ORIENTAMENTO VICENZA

BANK: POSTE ITALIANE S.p.a, VICENZA 2,

VIA IV NOVEMBRE 13,

36100 VICENZA

IBAN: IT 70 K 07601 11800 000014097364

SWIFT Code: BPPIITRRXXX



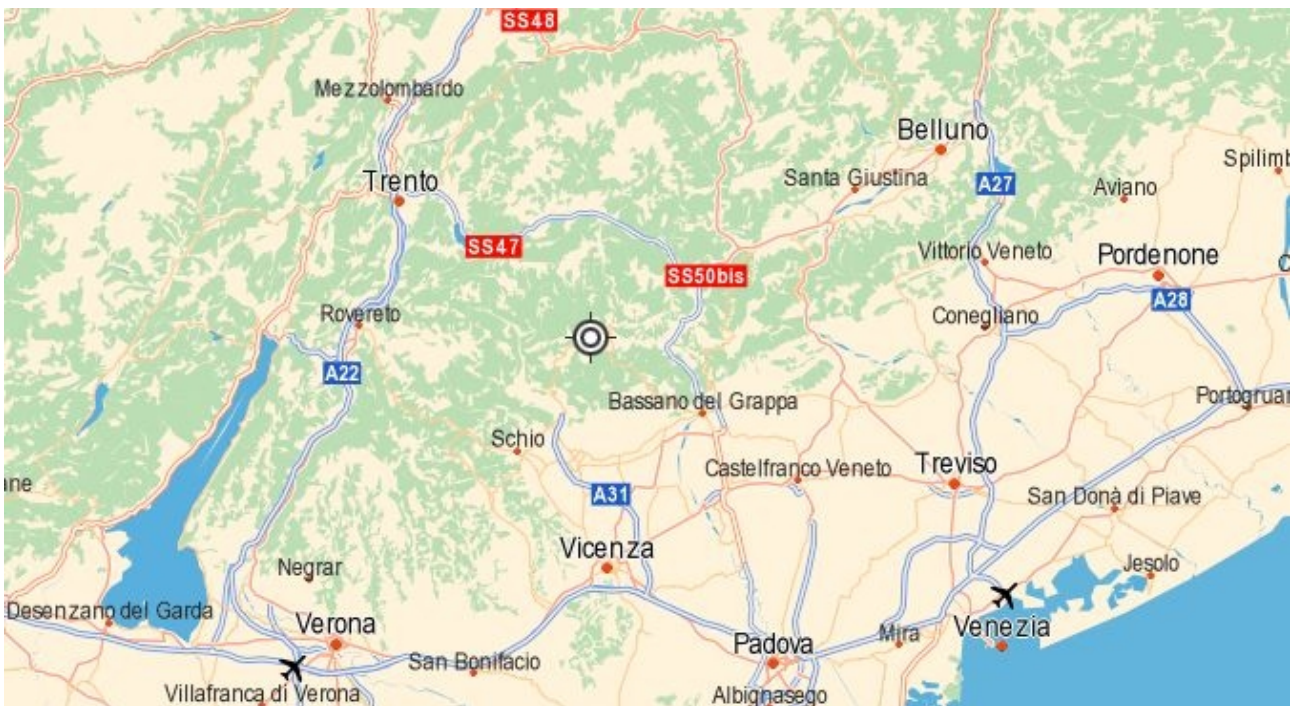
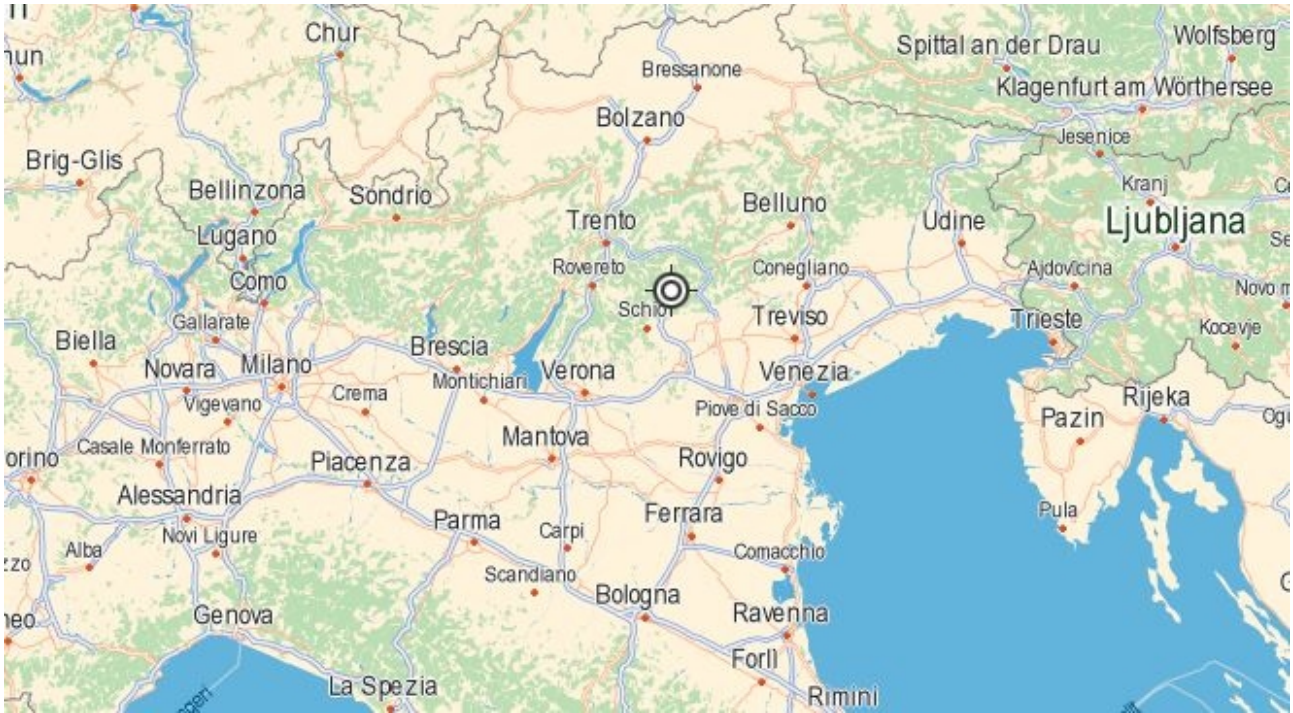


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Event centre:

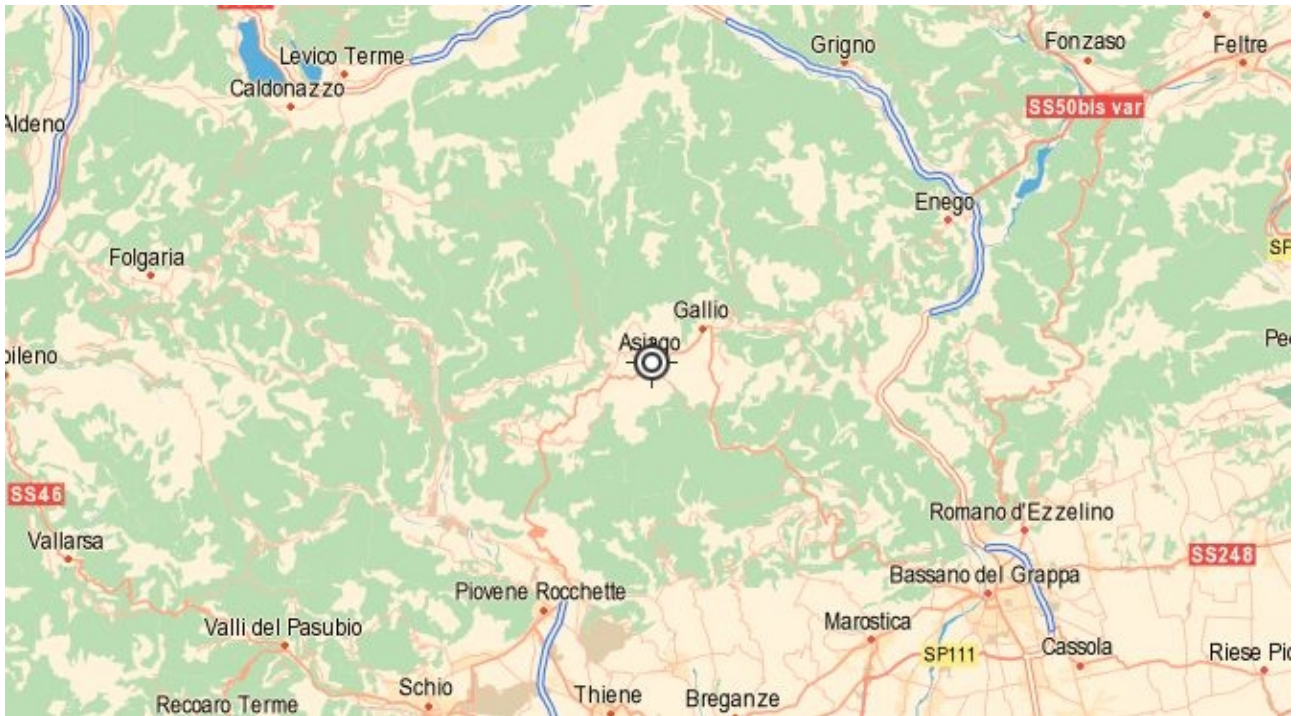
**Scuole Elementari (Primary School)
Viale della Vittoria
Asiago (Vicenza)**

How to reach Asiago:





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How to reach Asiago

By Train

The nearest railway stations to Asiago and the Altopiano are in Bassano del Grappa, Vicenza and Thiene and they offer direct or indirect connections to all the cities of the Veneto and Italy. Information: Ferrovie dello Stato - Tel. 1478/88088 - www.trenitalia.it

By Bus

From Vicenza: FTV, Ferrovie and Tramvie Vicentine, offer direct connections to Asiago from Bassano, Breganze, Conco, Gallio, Marostica, Vicenza, Thiene, Schio. From Milan: Autostradale offers connections from Milano.

FTV (Ferrovie and Tramvie Vicentine) - V.le Milano 78, Vicenza-Tel. 0444/223111 Tel. 0444/223115 www.ftv.vi.it
www.autostradale.com

By car

Trento - Vezzena - Asiago: from Trento take the road to Lavarone; continue towards Vezzena and then straight to Campoverve; follow the indications to Asiago.

Vicenza - Asiago (via highway): Highway A4 Milan-Venice; take A31 Valdastico; Exit Piovene Rocchette; follow indications to Altopiano Asiago.

Bassano - Asiago (via Conco): From Bassano follow the indications for Conco - Asiago.

Primolano - Asiago: From Primolano follow the indications for Enego - Asiago.

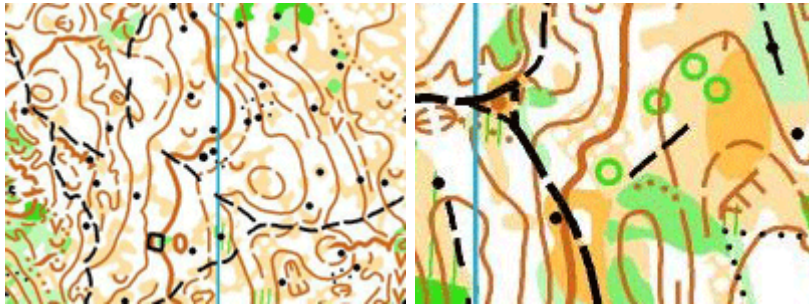


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Punching system: The SPORTident electronic punching system shall be used. The teams are kindly requested to provide the SI card numbers of the participants along with the final entries. For those runners who have no cards of their own, the organizers shall provide the cards. The rental fee is 1,50 euro/day.

Map

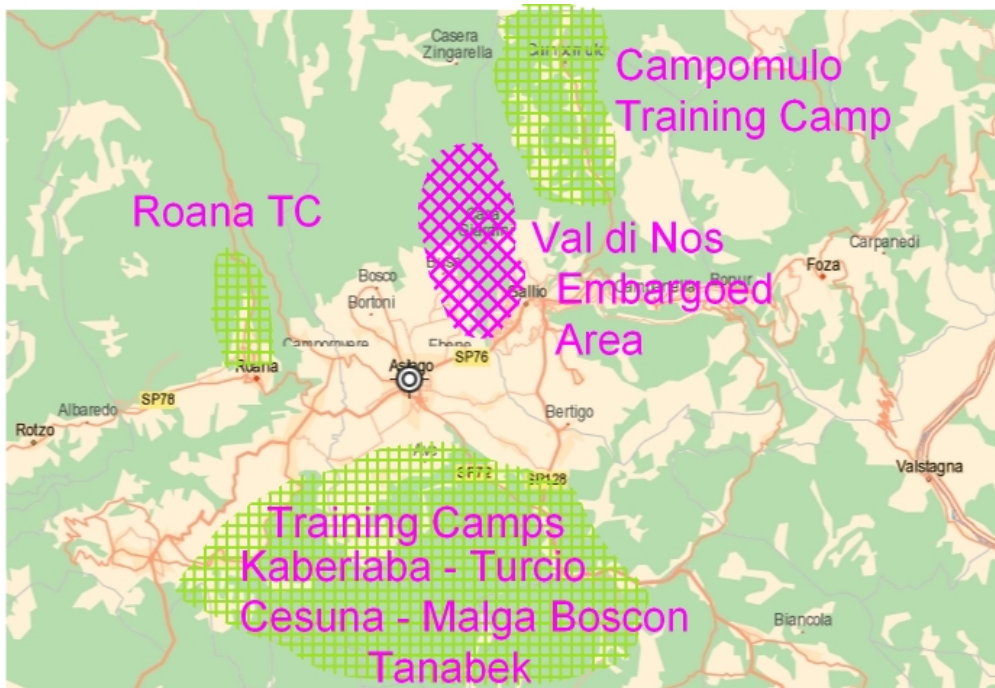
14-15 May, 2011 Middle Distance loc. Val di Nos - GALLIO



Scale: 1:10.000
Contour Lines: 5mt
Cartographer: Marcello Pradel
Survey: 2011, ISOM 2000
Vegetation: Silver fir, Norway spruce, beech
Terrain: Very detailed, good runability

Training Camps – Embargoed Area

May 9 to 13, 2011



The Embargoed area has been banned since July 1, 2010.



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Accommodation

For any kind of information regarding Camping, hotel booking, accommodation or attractions, please contact:

Consorzio Turistico Asiago 7 Comuni

Tel: +39 0424 464137

e-mail: info@asiago7comuni.to

For Hotel reservation visit the following link <http://asiago.booking-on-line.com>

Campings on the Altopiano di Asiago:

Camping Riviera Sas Di Fabris Ilario & C.

Via Oxabech,44

36010 Roana

Telefono: (+39) 042466344

CAMPING ASIAGO EKAR

Via Costalunga -

36012 ASIAGO VI -

Telefono 0424455157 Fax 0424455161

Organizing committee

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Vicenza**

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